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# EMBER

## By Louise Zass-Bangham



An ideal first cable project, Ember is worked flat with only one true cable and easy eyelet-rib. The seam is hidden and decorative eyelet- rib borders the thumbhole. Cable instructions are both charted and written.

Pitching a tent on a mountainside is my husband's style but I prefer glamping, or glamorous camping. Courtesy of the Great British Summer weather, evenings can be chilly around the campfire, as can walking through our beautiful countryside. These pretty glamping mitts will keep you cosy but leave your fingers free for mugs of tea and map reading.

### Materials

100g/225m skein DK/worsted weight yarn  
3.75mm & 4mm needles (straight or circular)  
4mm cable needle  
Stitch markers  
Tapestry needle

### Sizing

S/M to fit 17.5cm hand (average woman)  
L to fit 20cm hand (average man)  
Measure around the knuckles. Designed to fit with 2.5cm negative ease.  
Both sizes 25cm long.

## Special stitches

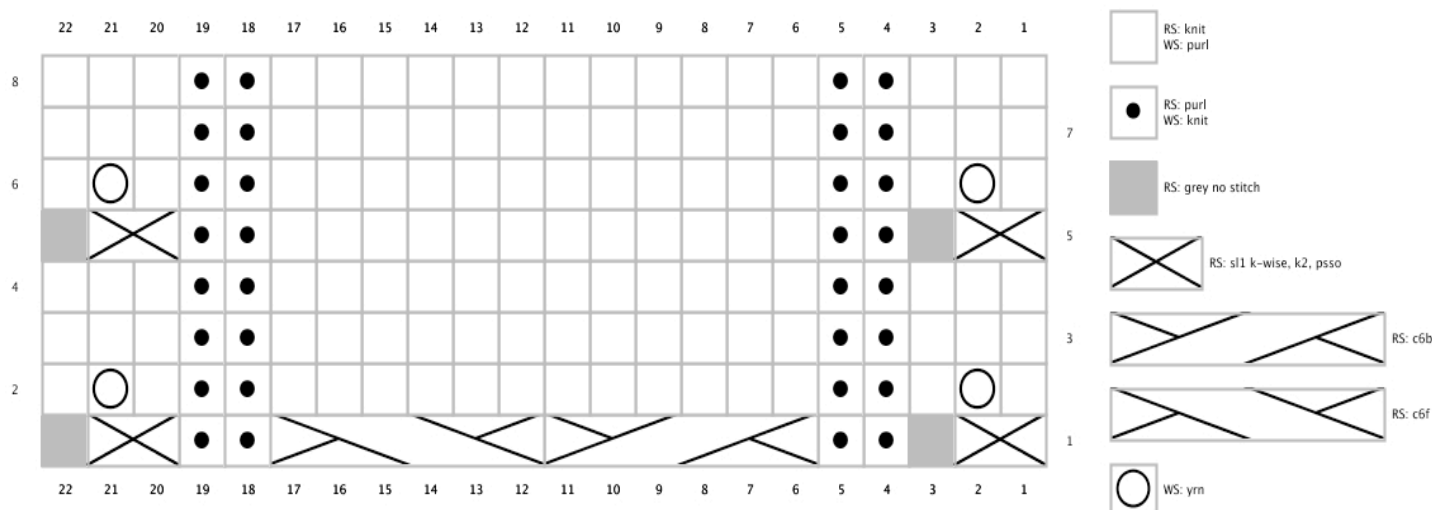
c6b - cable 6 backwards - sl 3sts onto CN, hold in back, k3 from LH needle, k3 from CN

c6f - cable 6 forwards - sl 3 sts onto CN, hold in front, k3 from LH needle, k3 from CN

yrn - yarn round needle

pfb - purl one through the front then through the back (same stitch)

## Cable panel



The same cable panel is used up the back of each mitt. You can follow either the chart or these written instructions:

Row 1 (RS): Sl1 k-wise, k2, psso, p2, c6b, c6f, p2, sl1 k-wise, k2, psso.

Row 2: P1, yrn, p1, k2, p12, k2, p1, yrn, p1.

Row 3: K3, p2, k12, p2, k3.

Row 4: P3, k2, p12, k2, p3.

Row 5: Sl1 k-wise, k2, psso, p2, k12, p2, sl1 k-wise, k2, psso.

Row 6: P1, yrn, p1, k2, p12, k2, p1, yrn, p1.

Row 7: K3, p2, k12, p2, k3.

Row 8: P3, k2, p12, k2, p3.

Repeat Rows 1-8.

The stitch count changes during the cable panel pattern repeat so if you are counting stitches be sure to check the pattern to see how many stitches you should have at the end of that row. If you are a novice knitter, you may find it useful to place a marker between the cable panel and the reverse stocking stitch on the palm of the mitt in Row 9. Slip the marker all following rows. Remove the marker when you change to smaller needles to work the top of the mitt at Row 69.

## Instructions

### Left Mitt

With smaller needles, cast on 42 (50) sts using cable method or other stretchy cast on.

Row 1 (RS): \*P2, k2; rep from \* to last 2 sts, p2.

Row 2: \*K2, p1, yrn, p1; rep from \* to last 2 sts, k2. 52 (62) sts

Row 3: \*P2, k3; rep from \* to last 2 sts, p2.

Row 4: \*K2, p3; rep from \* to last 2 sts, k2.

Row 5: \*P2, sl1 k-wise, k2, psso; rep from \* to last 2 sts, p2. 42 (50) sts

Row 6: K2, p1, yrn, p1, [k2, P2tog] 4 (6) times, k2, p1, yrn, p1, k2, p3, m1 p-wise, p4, m1 p-wise, p3, k2, p1, yrn, p1, k2. 43 (49) sts

Change to larger needles.

Row 7: P2, k3, p2, k12, p2, k3, p14 (20), k3, p2.

Row 8: K2, p3, k14 (20), p3, k2, p12, k2, p3, k2.

### Start main pattern

Row 9: P2, work cable panel, p14 (20), sl1 k-wise, k2, psso, p2. 40 (46) sts

Row 10: K2, p1, yrn, p1, k14 (20), work cable panel, k2. 43 (49) sts

Row 11: P2, work cable panel, p14 (20), k3, p2.

Row 12: k2, p3, k14 (20), work cable panel, k2.

Rows 13-40: Rep Rows 9-12 seven more times. You will have worked 4 complete cable panel repeats, ending with RS facing for next row.

### Work thumbhole

Row 41 (RS): P2tog, work cable panel, p14 (20), sl1 k-wise, k2, psso, P2tog. 38 (44) sts

Pm on the first and last st of the row to mark start of thumbhole opening.

Row 42: P2tog tbl, yrn, p1, k14 (20), work cable panel until 3 sts rem on LH needle, p1, yrn, p2tog. 39 (45) sts

Row 43: Work cable panel, p14 (20), k3

Row 44: p3, k14 (20), work cable panel to end.

Row 45: Work cable panel, p14 (20), sl1 k-wise, k2, psso. 36 (42) sts

Row 46: p1, yrn, p1, k14 (20), cable panel to end. 39 (45) sts

Row 47: Work cable panel, p14 (20), k3

Row 48: p3, k14 (20), work cable panel to end.

Rows 49-56: Rep Rows 45-48 two more times (i.e. one more full cable panel rep).

### Top of mitt

Row 57: Work cable panel, p14 (20), sl1 k-wise, k2, psso. 36 (42) sts

Row 58: Pfb, yrn, p1, k14 (20), work cable panel until 2 sts rem on LH needle, p1, yrn, pfb. 41 (47) sts

Pm on the first and last st of the row to mark end of thumbhole opening.

Row 59: Pfb, work cable panel, p14 (20), k3, pfb. 43 (49) sts

Row 60: K2, p3, k14 (20), work cable panel, k2.

Rows 61-68: Rep Rows 9-12 twice (i.e. complete Rows 5-8 of the cable panel rep you are currently working, followed by only Rows 1-4 of the next repeat).

Change to smaller needles.

**S/M size only**

Row 69: P2, sl1 k-wise, k2, psso, p2, k2, P2tog, p1, k2, p1, P2tog, k2, p2, sl1 k-wise, k2, psso, [p2, k1, m1 k-wise] four times, p2, sl1, k2, psso, p2. 42 sts

**L size only**

Row 69: P2, sl1 k-wise, k2, psso, p2, k2, P2tog, p1, k2, p1, P2tog, k2, p2, sl1 k-wise, k2, psso, p2, k1, m1 k-wise, [p2, k2] three times, p2, k1, m1 k-wise, p2, sl1 k-wise, k2, psso, p2. 46 sts

**All sizes**

Row 70: \*K2, p1, yrn, p1; rep from \* to last 2 sts, k2. 52 (57) sts

Row 71: \*P2, k3; rep from \* to last 2 sts, p2.

Row 72: \*K2, p3; rep from \* to last 2 sts, k2.

Row 73: \*P2, sl1 k-wise, k2, psso; rep from \* to last 2 sts, p2. 42 (46) sts

Cast off loosely on WS, working sts as they lie.

**Right Mitt**

With smaller needles, cast on 42 (50) sts using cable method or other stretchy cast on.

Row 1 (RS): \*P2, k2; rep from \* to last 2 sts, p2.

Row 2: \*K2, p1, yrn, p1; rep from \* to last 2 sts, k2. 52 (62) sts

Row 3: \*P2, k3; rep from \* to last 2 sts, p2.

Row 4: \*K2, p3; rep from \* to last 2 sts, k2.

Row 5: \*P2, sl1 k-wise, k2, psso; rep from \* to last 2 sts, p2. 42 (50) sts

Row 6: K2, p1, yrn, p1, k2, p3, m1 p-wise, p4, m1 p-wise, p3, k2, p1, yrn, p1, [k2, P2tog] 4 (6) times, k2, p1, yrn, p1, k2. 43 (49) sts

Change to larger needles.

Row 7: P2, k3, p14 (20), k3, p2, k12, p2, k3, p2.

Row 8: K2, p3, k2, p12, k2, p3, k14 (20), p3, k2.

**Start main pattern**

Row 9: P2, sl1 k-wise, k2, pssso, p14 (20), work cable panel, p2. 40 (46) sts

Row 10: K2, work cable panel, k14 (20), p1, yrn, p1, k2. 43 (49) sts

Row 11: P2, k3, p14 (20), work cable panel, p2.

Row 12: k2, work cable panel, k14 (20), p3, k2.

Rows 13-40: Rep Rows 9-12 seven more times. You will have worked 4 complete cable panel repeats, ending with RS facing for next row.

**Work thumbhole**

Row 41: P2tog, sl1 k-wise, k2, pssso, p14 (20), work cable panel, P2tog. 38 (44) sts

Pm on the first and last st of the row to mark start of thumbhole opening.

Row 42: P2tog tbl, starting with second stitch yrn work cable panel, k14 (20), p1, yrn, p2tog. 39 (45) sts

Row 43: K3, p14 (20), work cable panel.

Row 44: Work cable panel, k14 (20), p3.

Row 45: Sl1 k-wise, k2, pssso, p14 (20), work cable panel. 36 (42) sts

Row 46: Work cable panel, k14 (20), p1, yrn, p1. 39 (45) sts

Row 47: K3, p14 (20), work cable panel.

Row 48: Work cable panel, k14 (20), p3.

Rows 49-56: Rep Rows 45-48 two more times (i.e. one more full cable panel rep).

**Top of mitt**

Row 57: Sl1 k-wise, k2, pssso, p14 (20), work cable panel. 36 (42) sts

Row 58: Pfb, starting with second stitch yrn work cable panel, k14 (20), p1 yrn, pfb. 41 (47) sts

Pm on the first and last st of the row to mark end of thumbhole opening.

Row 59: Pfb, k3, p14 (20), work cable panel, pfb. 43 (49) sts

Row 60: k2, work cable panel, k14 (20), p3, k2.

Rows 61-68: Rep Rows 9-12 twice (i.e. complete Rows 5-8 of the cable panel rep you are currently working, followed by only Rows 1-4 of the next repeat).

Change to smaller needles.

**S/M size only**

Row 69: P2, sl1 k-wise, k2, pssso, [p2, k1, m1 k-wise] four times, p2, sl1, k2, pssso, p2, k2, P2tog, p1, k2, p1, P2tog, k2, p2, sl1 k-wise, k2, pssso, p2. 42 sts

**L size only**

Row 69: P2, sl1 k-wise, k2, pssso, p2, k1, m1 k-wise, [p2, k2] three times, p2, k1, m1 k-wise, p2, sl1 k-wise, k2, pssso, p2, k2, P2tog, p1, k2, p1, P2tog, k2, p2, sl1, k2, pssso, p2. 46 sts

**All sizes**

Row 70: \*K2, p1, yrn, p1; rep from \* to last 2 sts, k2. 52 (57) sts

Row 71: \*P2, k3; rep from \* to last 2 sts, p2.

Row 72: \*K2, p3; rep from \* to last 2 sts, k2.

Row 73: \*P2, sl1 k-wise, k2, pssso; rep from \* to last 2 sts, p2. 42 (46) sts

Cast off loosely on WS, working sts as they lie.





## Finishing

Block each mitt lightly to avoid flattening the textures; steam lightly, do not press. Sew seam from bottom of cuff to start of thumbhole opening marker. Sew seam from end of thumbhole opening marker to top of mitt. Weave in ends. Repeat for second mitt.

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