**Crochet**

**Cabled Scarf**

**By Laura Cracknell**



This is a simple repeating pattern to make a warm scarf that will keep out the winter chill. It’s a great way to start learning cables, as all the crossed stitches are worked on the right side of the fabric. There are full instructions on how to make the cable stitches, so don’t be scared by all the notes! Take your time and you’ll quickly get the hang of it.

**Notes**

~ The cables are made using post stitches:

**Front Post Treble (fptr):** Yarn over. Insert your hook around the post of the stitch below, putting it in from the front and bringing it back out to the front. Yarn over and pull up a loop. \*Yarn over and pull through two loops on the hook\*. Repeat from \* to \* to complete the stitch.



**Back Post Treble (bptr):** Yarn over. Insert your hook around the post of the stitch below, putting it in from the back and bringing it back out to the back. Yarn over and pull up a loop. \*Yarn over and pull through two loops on the hook\*. Repeat from \* to \* to complete the stitch.



~When crossing cables, it’s easy to go back into the wrong stitches. In the picture, you would stitch in the order 3, 4, 1, 2 to create the crossed cable.

**4 3 2 1**

~ If you find you are getting gaps after your post stitches, you can make 2 stitches together to cover this. If you look behind your post stitches, you’ll see that the top of the stitches are still visible. Working into the last post stitch *(circled in the picture)* and the next stitch, (yarn over, put your hook into the stitch, yarn over and pull up a loop. Yarn over and pull through two loops on your hook) twice. Yarn over and pull through all 3 loops on your hook twice to complete the joined stitch.

~ The 4 back post trebles in row 5 (into the crossed stitches below) can be rather tricky, as it’s easy to get the stitches crossed over again. Make sure you flatten the row out so that you get them in the right order.

~ The chain 2 at the beginning of each row does not count as a stitch

**Materials**

The scarf can be made with any length of aran weight yarn, although I would suggest a minimum of 140 meters/150 yards. It’s often easier to see the cables in solid colours rather than variegated, but both create a lovely effect.

1 skein Aran wool

5mm/size H crochet hook

Embroidery scissors

Darning needle

**Gauge**

The exact gauge is unimportant, as it will depend on your yarn, but I got 16 htr and 10 rows to 10 cm/4inches using a 5mm hook.

**Abbreviations:**

Fptr – Front Post Treble

Bptr – Back Post Treble

Htr – Half-treble

**Directions**

*This pattern is written using* ***UK crochet terms****. All rows have the same number of stitches*

Chain 24.

**Row 1:** 1 htr into 3rd stitch from hook and each stitch across. Turn. (22 stitches)

**Row 2:** Chain 2. 2 htr, 2 fptr, (2 htr, 4 fptr) twice. 2 htr, 2 fptr, 2 htr. Turn.

**Row 3:** Chain 2. 2 htr, 2 bptr, (2 htr, 4 bptr) twice. 2 htr, 2 bptr, 2 htr. Turn.

*Rows 4-7 form the pattern repeat. Work them as many times as you want to your desired length.*

**Row 4:** Chain 2. 2 htr, 2 fptr, (2 htr, skip 2 stitches, 2 fptr in next 2 stitches. Bringing your hook across the front of your last 2 stitches, make 2 fptr in the skipped stitches.) twice. 2 htr, 2 fptr, 2 htr. Turn.

**Row 5:** Chain 2. 2 htr, 2 bptr, (2 htr, 4 bptr) twice. 2 htr, 2 bptr, 2 htr. Turn.

**Row 6:** Chain 2. 2 htr, 2 fptr, (2 htr, 4 fptr) twice. 2 htr, 2 fptr, 2 htr. Turn.

**Row 7:** Repeat Row 5.

**Final row:** Chain 2. 1 htr in first stitch and each stitch across.

Fasten off, weave in ends. Cables often benefit from light blocking, but don’t get too enthusiastic or you might make them too flat.

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